

PE Curriculum Overview



	Autumn 1 Invasion games	Autumn 2 Invasion games	Spring 1 Ball skills	Spring 2 Net games	Summer 1 Striking and fielding	Summer 2 Athletics
Reception	Moving Safely Fundamental moving skills Dough disco climbing frame	Moving Safely Fundamental moving skills Dough disco climbing frame	Dance - fluency, control and grace Dough disco climbing frame	Ball skills Handwriting/Climbing frame	Gym – Space and obstacles Balance and coordination Handwriting/climbing frame	Games Sports day games Handwriting/climbing frame
Year 1	Handball Gym-balancing and travelling	Football Dance – Conkers, Nativity dances	Basketball Dance – Fog and sunshine, washing day	Tennis Gym – Flight, jumping and landing	Cricket Dance -Handa's surprise	Athletics Gym –Wide, narrow and curled
Year 2	Basketball Gym -travel	Football Nativity dance	Dance Throwing and catching	Tennis Gym – rolling,	Baseball Dance -toys	Athletics Gym - jumping
Year 3	Basketball Gym - movement	Football Dance – movement patterns	Netball Gym - rolling	Tennis Dance – movement patterns	Rounders Gym – sequences	Athletics Dance – interpreting music
Year 4 *Swimming curriculum so half termly different for school activities	Swimming Handball	Swimming Dance – Romans & fireworks	Swimming Gym – Body weight	Swimming Dance - Tudors	Tennis Gym – symmetry	Cricket Dance – Manchester – Street dance
Year 5	Netball Gym - Balance	Hockey Dance – Shapes, unison, canon	Football Gym - Flight	Tennis Dance –Forces, pushes and pulls	Cricket Dance – Patterns and symmetry	Athletics Gym -Bridges
Year 6	Netball Dance – The Haka	Hockey Gym - Balance	Football Dance – WW2 Jive	Tennis Gym –Rolling and jumping	Cricket Dance – Vikings – Combining movements into sequences	Athletics Gym - Stretching